

Allen R Baca Center 301 W Bagdad, Bldg. 2 Round Rock, TX 78664 512-218-5499

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### Round Rock Parks and Recreation

Mission: People dedicated & empowered to create a positive and memorable experience in people's lives.

Vision: An active, vibrant & beautiful city with a diversified and quality parks and recreation system that produces economic, health, & social benefits for the entire community.

# Baca Buzz

Volume 1, Issue 4

July/August 2011

### New Name for the Newsletter

Have you heard the latest "buzz" around the Baca Center? The "Senior Moments" has changed its name. In order to "get the latest buzz" of Baca, you need to pick up your copy of the Baca Buzz.

### Carts Meeting

Do you ride Carts (Capital Area Rural Transportation System) or know someone who does? If so, you will want to attend this very important meeting on Wednesday, June 29, 11:30 am in the dining room. Carts representatives, council members and city staff will speak on the future of the Carts system for Round Rock residents and possible future options.

### Summer Musicals

This summer, the Baca Center will premier your favorite musicals on the big screen in the Grand Meeting Room. All matinee's will be FREE. You are welcome to bring your own snacks/drinks. Join us on the following days for a musical, snack and drinks.

#### Oklahoma

Wednesday, July 27 12:30-2:30 pm

Wear your cowboy costume for our costume contest





Phantom of the Opera

Wednesday, August 10 12:30-2:30 pm

Wear your phantom mask for our costume contest

#### **BACA WEEKLY ACTIVITIES**

Monday   Tuesday   Wednesday   Thursday   Friday   Saturday	BACA WEEKLY ACTIVITIES							
Jazzercise**  10:15-11:10 am Beg. Line Dancing* 10:30-11:00 am Sittercize  11:15 am-12:10 pm Int. Line Dancing* 12:15-1:10 pm Adv. Line Dancing* Dominoes "42" 12:45-5:00 pm Duplicate Bridge Canasta 1:00-3:00 pm Writing Club Writing Club  Jazzercise**  Cardio Combo 10:00-10:45 am Zumba Gold*  10:00-11:30 am Chicken Foot Mexican Train 10:30-11:00 am Sittercize 10:30-11:00 am Sittercize 11:00-2:00 pm Computer Help Dominoes "42" 1:00-2:00 pm Jazzercise**  Cardio Combo 10:00-11:30 am Writing Club 10:00-11:30 am Sittercize 10:00-11:30 am Sittercize 11:03-11:00 am Sittercize 10:00-11:30 am Sittercize 11:00-11:30 am Sittercize 12:30-2:45 pm Spanish Class 12:45-4:00 pm Canasta Club 1:00-2:30 pm Tap Dancing* 1:00-2:30 pm Tap Dancing* 1:00-2:30 pm Tap Dancing* 1:00-2:30 pm Computer Help 1:00-2:00 pm Computer Help 1:00-3:00 pm Jazzercise**  7:00-9:00 pm Line Dancing* 1:00-3:00 pm Jazzercise** 1:00-3:00 pm Jazzercise** 1:00-3:00 pm Jazzercise**	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
Jazzercise**  Square Dancing*  Bridge for Fun	9:00 am Jazzercise**  10:15-11:10 am Beg. Line Dancing*  10:30-11:00 am Sittercize  11:15 am-12:10 pm Int. Line Dancing*  12:15-1:10 pm Adv. Line Dancing*  12:30-3:30 pm Dominoes "42"  12:45-5:00 pm Duplicate Bridge Canasta  1:00-3:00 pm	Tuesday 9:00-10:00 am Cardio Combo 9:00-11:00am Wood Carvers 10:00am-2:00 pm Craft Corner 10:30-11:00 am Sittercize 12:30-4:00 pm Pinochle Texas Canasta 1:00-2:00 pm Computer Help 6:15 pm Jazzercise** 7:00-9:00 pm Evening Bridge	Wednesday 9:00 am Jazzercise** 10:00-10:45 am Zumba Gold* 10:00-11:30 am Chicken Foot Mexican Train 10:30-11:00 am Sittercize 11:00 am-1:00 pm Line Dance Practice 12:30-3:30 pm Dominoes "42" 1:00-3:00 pm Baca Card Group 5:15 & 6:15 pm	Thursday 9:00-10:00 am Cardio Combo 10:00-11:30 am Writing Club 10:30-11:00 am Sittercize 12:30-2:45 pm Spanish Class 12:45-4:00 pm Canasta Club 1:00-2:30 pm Tap Dancing* 1:00-2:00 pm Computer Help 1:00-3:00 pm Tejano Time 1:00-4:00 pm	Friday  9:00-10:00 am Intro to Tai Chi* Jazzercise**  10:00-11:30 am Tai Chi*  10:00-11:30 am Bingo*  12:30-1:30 pm Int. Line Dancing*  1:00-2:30 pm	9:00 am Jazzercise**  9-9:45 am Zumba Gold*  *Fees are required to participate and must be paid to the Baca Center.  **NOT a BACA program—fees required to participate and		

Please be sure your program ends ON-TIME so staff can prepare for the next program or secure the building for closing. We can ONLY guarantee that rooms will be ready 15 min. prior to start time. If you have a group that is meeting in one of our rooms and you are not on the schedule, please see the front desk.

### Monthly Meetings and Activities

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Activity	$\underline{\mathbf{Dates}}$	<u>Times</u>		
Art Club	1st & 3rd Friday	1:00-3:00pm		
AARP - general meeting	2nd Wednesday	1:00-2:00pm		
AARP - board meeting	3rd Wednesday	1:30-3:30pm		
Benefits Counseling	1st Wednesday	9:00-11:00am		
<b>Book Discussion</b>	2nd Tuesday	1:00-2:00pm		
Bunco	1st & 3rd Tuesday	6:30-8:30pm		
Cuisine Critics	3rd Wednesday	11:00am-1:00pm		
Daffodil Dolls	1st Wednesday	10:30-11:30am		
Garden Club	1st Monday	9:30-10:30am		
Neighborhood Cards	3rd Wednesday	10:00am-2:00pm		
Paint In	2nd Wednesday	1:30-3:30pm		
Pub Club	3rd Friday	5:00-11:00pm		
Site Council	1st Thursday	9:30-10:30am		
Travel Club—September	1st Wednesday	1:00-2:00pm		

### Williamson Burnet County Oppor. (WBCO)

WBCO offers a well-balanced lunch Mon-Fri at 11:45 am for Williamson & Burnet County residents. Registration and 24 hour advance reservation is recommended by contacting Cris at 255-4970. New registrants will need to complete paperwork. Meals are \$6 for those that are not members of WBCO. If you have made reservations and cannot come to lunch, please notify WBCO. Menu is available online at: http://www.wbco.net/ services meals.html Menu is subject to change with-

**255-4970** 

out notice.

### Activity Descriptions

**AARP:** "AARP is dedicated to enhancing quality of life for all as we age. We lead positive social change and deliver value to members through information, advocacy and service." Membership is open to persons age 50+. Must be a member of the National Chapter to be a member of the local AARP chapter.

**Art Club:** The club includes artists of all media. The club also meets each 2nd Wednesday for Painting Day. For more information, Darrell Hutchinson at 869-4882.

**Benefits Counseling:** Visit with Nancy Kind to get information on Medicare, prescription plans, Medicaid and food stamps.

**Bingo:** Come try your luck on Friday mornings for \$2 for members, non-members pay an additional \$1.

**Book Discussions:** Participants discuss short readings in fiction, drama, poetry, and essays. Contact helensmith 204@gmail.com for more information.

**Bunco:** Knowledge of the game is optional but having a good time is mandatory! Bring a finger food to share with the group. Fee covers the cost of the prizes. \$3/members\*.

**Card Group:** If you are interested in playing spades or hearts, contact Mr. Cole at 512-650-5618 or show up on Wednesdays.

**Computer Help:** Help is offered for members that have computer specific questions.

**Craft Corner:** Come get crafty with us! This group makes all different kinds of crafts.

Cuisine Critics: Group visits local restaurants and writes a review for the newsletter.

**Daffodil Dolls:** This is a group of ladies that gather for fun and fellowship.

**Hiking Club:** Over the Hill Hikers plan hiking trips plus get hiking tips. Meets in Sept.

**Jazzercise:** For fees and information, call Kathie Elkins at 244-2534\*\*.

**Line Dancing:** Classes offered for three levels. \$3/Baca members\*.

**Line Dancing Practice:** Self led practice for line dancing. Free to members\*.

**Neighborhood Cards:** This group meets once a month for some fun card playing.

**Paint In:** Join the Art Club for drawing and painting activities each 2nd Wednesday.

**Pool Sharks & Sharkettes:** Men's group meets Tuesdays & Thursdays for some great times shooting pool. The ladies meet on Mondays for informal play.

**Pub Club:** This club is the hit of Round Rock & Austin as we hang out at a different pub each month. Cover and meal are on your own. \$6-8/month for members\*.

**Senior Cardio Combo:** Low impact aerobics without jumping. Instructed by Latoya and free for members.

**Sing-A-Long:** Singing popular songs from the 20th Century. Song books provided, join us for a good time!

**Sittercize:** Participants perform resistance exercises in chairs with hand weights. Free for members.

**Spanish for Fun:** Come practice Spanish with Pilar Weiss from Spain! This class is an informal program and free for Baca members\*.

**Tap Dancing:** Tap your way to fun and fitness. Come to dance or come to learn. \$2 members\*.

Tai Chi: A Chinese martial art and meditative movement class designed to increase your sense of balance, cardiovascular fitness & joint flexibility. \$4/members\*.

**Tejano Time:** This is a self-led group that uses their own music to dance authentic Tejano.

**Travel Club:** This group now meets on a quarterly basis to discuss/suggest day and extended trips.

Weight Room Orientation: For members new to our weight room. Sign up at front desk, free to members with weight room included in membership.

Woodcarvers Club: Come join in some carving fun. This is a self-led group, no experience necessary but tools are required. Free to Baca members.\*

Writing Club: This group meets to talk, write and share. For more information, contact Serena Guin at 917-5427.

**Zumba Gold:** This program is a series of fitness moves specifically designed to take the exciting Latin and International dance rhythms created in the original Zumba. This program is for ages 50+, members pay \$3/class\*.

\*Non-members pay additional fees.

### Special Events

### **LUAU ON THE LAKE**

Don't miss out, this trip will fill up fast. This will be our 2nd Annual Luau on the Lake, Friday, September 16, 4-10 pm. There should be a full moon that evening so it should be a spectacular event. We will leave the Baca Center at 4 pm sharp, board a party boat and cruise the lake 5-9 pm, then return to the center by 10 pm. There will be food, music, swimming and dancing. We will give awards for the best man and woman beach bums. Participants can bring their bathing suits and swim in the lake or take a ride down the slide off the boat.

Baca will provide non-alcoholic beverages, burgers, chips and dessert. Cost is \$30/person and all

is \$30/person and all **Course #17083** 

### **JULY 4TH PARADE**



participants MUST register by September 2.

The Baca Center will again have a float in the July 4th parade which will be held on Monday, July 4 at 10 am, downtown Round Rock. Feel free to come downtown and watch the parade and then you can go out to Old Settler's Park for food, activities and fireworks. For more information on the OSP events, go to www.roundrockfrontierdays.com.

### DANCE PARTY NIGHT

Come join us on Tuesday, August 23rd & August 30<sup>th</sup> for a Dance Party night. We will have live callers presenting Circle Dances, Square Dances, Line Dances, Mescalanzas, and other Community Dances to a variety of music. No experience is necessary. Wear comfortable shoes and clothes. Dancing will be held from 7:00 to 9:00 pm. Singles, couples, teens & families (kids 7 & up) are welcome. Beginner Square Dance Lessons will begin September 6. For more information, contact Arnold Gladson at 512-219-9258 or agladson@austin.rr.com. You can also check out their website at www.glad2call.com.



### ANNUAL BIRTHDAY PARTY

Join the Baca Center in celebrating 18 years of Round Rock Senior's Group on Wednesday, August 31, 12:30-1:30 pm. We will have cupcakes, slideshow, entertainment and more. Bring a friend so they can see all the wonderful things that happen at the Baca Center.

### Organizations/Clubs

#### SITE COUNCIL—Thursday, 9:30 am

Baca Site Council is the voice of the membership. Council represents Baca in a positive way promoting membership and activities and advises staff in decisions that affect the general membership and future of the Baca Center.

The Site Council's meetings are open to the public and will meet:

NO JULY MEETING & August 4 at 9:30 am

#### BENEFITS COUNSELING—Wednesday, 9:00-11:00 am

July 6 & August 3 in the Baca Center Lobby—"The National Council on Aging" has created a comprehensive Benefits Check Up Questionnaire for Texas which will help older adults identify programs that may improve their quality of life. This is free, easy to use and will help seniors identify countless federal, state, local and private programs for which they may be eligible. Visit with Nancy Kind, Volunteer Benefits Counselor or call her at 246-8455.

#### GARDEN CLUB—Monday, 9:00 am

July 11—"Variegated Plants for Austin Area Gardners," presented by Bob Beyer,
Travis County Master Gardner
August 1—"Summer Plant Survival," presented by Dr. Cliff Hobbs

#### BOOK DISCUSSIONS GROUP—Tuesday, 1:00 pm

**July 12**—"Foreword to the First Edition of *The Children of Light and the Children of Darkness*" by Reinhold Niebuhr

August 9—"Why Write," by Jean-Paul Sartre

#### **AARP**

July & August—NO MEMBERSHIP MEETING

**July 21, 2-4 pm**—AARP Day at Bethany United Methodist Church, 10010 Anderson Mill Rd. Entertainment, snacks and door prizes. FREE for AARP members.

#### ART CLUB—Wednesdays at 1:30 pm & Friday at 1:00 pm

July 1, August 5 & 19—NO MEETING

July 13—Life Drawing Class at 1:30 pm

July 15—Demo by Wes O'dell, photographer regarding "Exposures when taking pictures"
August 10—"Life Drawing" class, open to everyone interested in drawing/painting

#### AARP Driver Safety Course



Monday, July 18, 8:30 am—12:30 pm Course #16843

The course is offered every two months and drivers get a 10% discount for 3 years on most insurance plans. Pre-register at the Baca front desk.

This does NOT take care of traffic tickets.

Cost is \$12 for AARP members & \$14 for non-members & paid to the instructor.

### Classes

### Maintenance Workshop

If you have always wanted to do simple home maintenance repairs around your home, here is your opportunity to learn from our Baca Maintenance Staff. Learn how to find a wall stud, hang items, use simple home tools and repair common household items. Due to the limited number of participants, register in advance. **Course #17600** 

1:00-3:00 pm Grand Meeting Room Free for Baca members/\$5 for non-members

Thursday, August 18

### Medicare Workshop

Find out about Medicare savings programs, help with prescription costs, preventive services, wellness exams and a Benefits Checkup. Presentation by the Area Agency on Aging of the Capital Area.

Thursday, 11:00 am September 15, 2011 Grand Meeting Room FREE for Baca members

### Ceramics

The Baca Center will be offering 2 ceramics classes this fall. Experience the fun and satisfaction of creating your own original mug, bowl, platter, vase or more. The emphasis is primarily on using the slab forming method. No experience necessary. All work will be fired/glazed so items are safe for food/ drink. Supplies included.

Age 50+, Mondays—Course #17158 Age 18+, Saturdays—Course #17630 Sept. 12-Nov. 14, 9:00 am-noon Crafts Room

\$20 for Baca members/\$25 for non-members

### Watercolor Classes

Come for the fun and make new friends. Release your inner child with bright colors of paint on white paper. No drawing required. No need to buy anything until after the first class.

Course #17674

Thursdays, 1:00-3:00 pm September 22-October 20, 2011 Craft Room \$10/Baca members plus supplies

### Square Dancing

Experience the fun and joy of Team Square Dancing. No experience necessary and for ages 7 and up. Families, teens, couples and singles are welcome. For information, call 512-219-9258 or check out their website at: glad2call.com.

Tuesdays, 7:00-9:00 pm September 6-December 20, 2011 Grand Meeting Room \$40/for each 6 weeks/Baca Members Fees are paid to Glad2Call

#### Pickleball

Are you looking for a fun way to get in shape, or a game your whole family can play and enjoy? Then Pickleball is for you! Pickleball is a tennis-like game played on a modified badminton court, using a plastic perforated ball and a paddle. The net is lower than most other racquet sports allowing for faster play. It's easy to learn and fun! Paddles and balls can be checked out from the Clay Madsen Rec Center front desk (w/membership card or photo ID).

Tuesdays, 6-8 pm\*
CMRC—Tennis Courts—FREE
\*Schedule subject to change check with CMRC staff
for schedule at 512-218-3220.

### Classes

### Chair Yoga—NEW

This class is perfect for seniors who may have difficulty getting to the floor and back up. The chair provides support and stability in standing and seated postures, allowing the student to experience a yoga class where gentle backbends, forward bends, lateral stretches and twisting postures are easily accessible. Participants will benefit in many of the same ways as a mat practice; improving flexibility, strength, circulation, range of motion, balance, posture and breathing. For beginners and suitable for people with limitations. This program will be offered on a monthly basis. You must sign up in advance.

Wednesdays, 9:00-10:00 am September 7-28, 2011 Meeting Room #1—Course #17656 \$45/members (4 classes)

#### Guitar Lessons

Guitar lessons will begin in September 7. There will be only a few openings for the beginners on Wednesdays, 9-10:30 am. Cost will be \$16 for 9 classes. Call the Baca Center at 218-5499 if you are interested. This is for Baca members only.

### Cuisine Critics

#### **Urban Picnic**

3810 Gattis School Rd., Ste. 106 www.theUrbanPicnic.com 512-671-9800

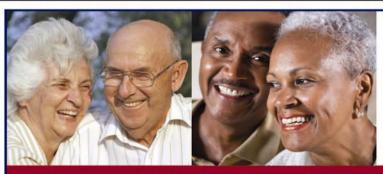
The Cuisine Critics met at the quaint Urban Picnic for an "indoor style picnic". The restaurant is decorated with checkered table covers and specializes in gourmet lunches. The critics gave the restaurant the highest marks in all categories. The food was good and plentiful, the space was clean and the service was excellent. A few suggestions were to serve tap water and not require people to purchase bottled water and put eggs in the potato salad. They offer sandwiches, soups, salads, fresh fruit as a side and cake ball for dessert. They are open for lunch Monday-Friday, 11 am - 2 pm or you can call and have your event catered. This is a great place for a fresh sandwich.

#### Michael's Tacos

1401 S -Interstate 35, Ste. 105 www.michaelstacos.com 512-215-8055

The Cuisine Critics enjoyed delicious breakfast tacos at Michael's Tacos. They had a large variety of sauces at their salsa bar and they make your taco or burrito to order. They have an extensive menu and many drinks to choose from such as flavored coffee, juices and sodas. The critics gave high marks for the courteous staff and a good value for the money. A few felt that their meal was not received timely but this place gets really busy in the mornings. They are open Monday-Friday, 7 am-3 pm and Saturdays, 7 am-2 pm. They are closed on Sundays.

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The Conservatory at Wells Branch 14320 Tandem Blvd., Austin, Texas 78728 512.388.0010 / www.ConservatorySeniorLiving.com

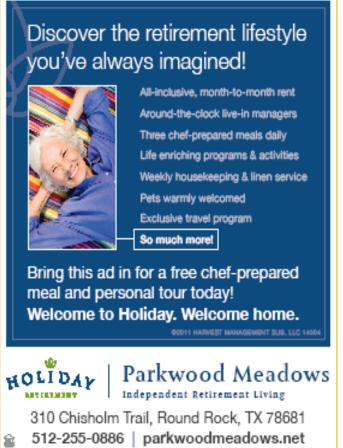


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### Advertisements





#### **Newsletter Advertising Space**

The *Baca Buzz* now includes advertising that is specific for seniors. Pass the word along to businesses and friends that the newsletter is a great way to advertise to over 1,200 Baca Center members as well as online. For more information, on advertising rates give us a call at 512-218-5499 or visit our website at www.bacacenter.com.

### **Kiosk Advertising Space**

Looking for home care, hospice services, a lawyer or handy man? The Baca Center offers businesses space in our kiosk for advertising. The Baca Center is unable to recommend a business but you are welcome to check out our kiosk for advertisers.

### Travel & Tips



If you like to see new places, museums, plays, movies, restaurants, concerts, then you'll want to travel with the Baca Center.

ALL trips in the newsletter will be available for registration on June 27. Members may register one additional person per trip at time of registration. Non-members please add \$5 for the cost of each trip. Only those riding the Baca transportation can participate in trip activities.

Times and events are subject to change. Return

time is an estimated time of return, it depends on traffic, event wrap up, and any travel delays. Cost for meals will vary by type of restaurant, participants are responsible for checking meal costs ahead of time through website or Baca staff.

Day trippers should check in with the bus driver for exact departure and arrival times. If a member has a medical condition and must pre-board on the bus, a *current* doctor's note must be on file with the staff. Parking for an extended or overnight trip is on the lower level of the garage or the

new garage on the corner.

Participating persons with a disability or a physical condition requiring them to use a wheelchair must be accompanied by a companion to provide them with needed assistance in accessibility situations (restrooms) during the trip. The companion must be a relative or personal caretaker specifically for the participant. For proper arrangements, please inform the Baca Center staff at the time of registration.

If you have a trip suggestion for somewhere in Texas, please stop by the front desk.

### Policy & Procedures

Please Check in with the driver before each trip. Payment is required at time of sign up. Please do NOT show up more than 15 minutes prior to departure, the building may not be open.

#### TRIP CANCELLATION POLICY

In the event of a cancellation, a CREDIT for the amount of the trip will be added to your account **ONLY** IF:

- 1) The Allen R. Baca Center cancels the trip.
- 2) A substitution has been made from the waiting list to fill your spot.
  - A) If no substitution can be made and the request is made 14 calendar days or less from the start date of the trip, all fees are forfeited.
  - B) If no substitution can be made and the request is made 15 calendar days or more from the start date of the trip, a credit for the amount of the trip will be applied to your ac count or you will be assessed a \$25 processing fee for a refund. **There will be NO substitutions allowed the day of a trip.**

Trips sponsored by outside travel companies will be subject to policies of the travel company.

#### ONLINE REGISTRATION

Online registration is a great way to sign up for trips without the hassle of waiting in line! Visit **www.roundrockrecreation.com** for online sign up.

### Day Trips

### ALL REGISTRATION FOR THE LISTED TRIPS WILL BEGIN JUNE 27, 2011 AT 8:00 AM UNLESS NOTED

Times/events are subject to change. Return time is an estimated time, it depends on traffic, event wrap up, and any travel delays.

#### DON'T BE LATE, WE DON'T WAIT!!!

#### Sunday, July 10

Depart: 1:00 pm Return: 7:00 pm

Cost: \$24 (Ticket Inc./

Meal OYO)

Where: Georgetown Course #17180

#### WAIT UNTIL DARK & WILDFIRE IN GEORGETOWN

This will be a masterfully suspenseful thriller. The owner of a mysterious doll is murdered and they trace the doll back to Sam Hendrix. His blind wife takes matters into her own hands to level the playing field in a deadly game of cat and mouse. Dinner afterwards at Wildlife which offers a senior menu until 5 pm.

www.thegeorgetownpalace.com www.wildfiretexas.com

#### Friday, July 15

Depart: 5:30 pm Return: 11:00 pm Cost: \$6 (Meal OYO) Where: Walburg Course #17176

#### PUB CLUB GOES TO DALE'S ESSENHAUS

The Pub Club will go for dinner, drinks and live music at Dale's Essenhaus. There is NO cover. Music will be provided by 6 Seasons Band. They are a cover band that plays all your favorite music. The restaurant offers everything from burgers to pork schnitzel and drink specials.

www.dales-essenhaus.com

#### Monday, July 18

Depart: 4:30 pm Return: 7:30 pm Cost: \$6 (Meal OYO) Where: Austin Course #17685

#### VINCE YOUNG RESTAURANT

Join us for fine dining at one of Austin's newest restaurants. Vince Young not only played for UT but also the Tennessee Titans. The restaurant boasts that they have the finest steaks, wine and desserts in Austin. Come have a great meal in a lively atmosphere. www.vinceyoungsteakhouse.com

#### Wednesday, July 20

Meet: 11:00 am Cost: Free (Meal OYO) Where: 2000 IH 35, RR

**Course #17395** 

#### CUISINE CRITICS GO TO HOMEFIELD GRILL

This restaurant offers a speedway lunch in which you can build your own custom burger for \$7.95. They also offer sandwiches on flat bread, salads, soups, etc. Please sign up in advance so we can accommodate everyone.

www.homefieldgrill.com

#### Saturday, July 23

Depart: 7:00 pm Return: 10:30 pm Cost: \$22 (Ticket Inc.)

Where: Salado Course #17686

#### SALADO LEGENDS

This is where history, legends and memories meet outdoors. This is an original outdoor drama under the beautiful stars of Salado. This year they are celebrating their 18th year of production. You will be sure to enjoy this fabulous musical under the stars. They will have concessions available for purchase.

www.tablerock.org

### Trips, Trips, Trips

#### Thursday, July 28

Depart: 2:00 pm Return: 7:00 pm Cost: \$6 (Meal OYO) Where: Lakeway Course #17687

#### TUSCAN VILLAGE & THE GRILLE AT ROUGH HOLLOW

Join us for a special private tour of Tuscan Village for fine senior living. We will tour their bistro, spa, community center, a few homes and much more. After our tour we will head over to The Grille at Rough Hollow for dinner. They offer an early dinner menu with special pricing and a great view of the lake.

www.tuscanvillage.info www.grilleatroughhollow.com

#### Thursday, August 4

Depart: 3:00 pm Return: 10:00 pm Cost: \$54 (Meal OYO & (Ticket included)

Where: Fredericksburg

**Course #17688** 

#### CLEAR RIVER PECAN CO. & ROCKBOX THEATRE

Come join us for laughter, songs and entertainment at Texas' #1 rated destination by Tripadvisor.com. The show features music from the 50's, 60's, 70's, 80's and all of your favorite stars like Elvis, The Beatles, Johnny Cash and more. Cost includes a senior ticket and youth ticket for your grandchild ages 7-17. We will eat dinner at Clear River Pecan Co. which offers great deli sandwiches and lots of ice cream flavors and then go to the show. This is a great opportunity to take your grandchild to a spectacular music show. MUST register BEFORE July 15 so we can ensure we get tickets, this is a very popular performance.

www.rockboxtheater.com www.icecreamandfun.com/home

#### Sunday, August 7

Depart: 12:30 pm Return: 7:30 pm Cost: \$16 (Meal OYO) Where: Lockhart Course #17692

#### THE COVER OF LIFE AT GASLIGHT THEATER

The men are off to war and Henry Luce wants to do a feature article about three women that are keeping the home fires burning while the men are away. He assigns Kate Miller to the story. She spends a week with the ladies and is forced to come face to face with her own powerlessness in a man's world. The play demonstrates the struggles the ladies have with self worth. Lockhart is known as the BBQ Capital of Texas, so dinner will be at Smitty's Market, checks and cash ONLY.

www.gaslightbakertheatre.org

#### Friday, August 12

Depart: 11:00 am Return: 4:00 pm Cost: \$6 (Meal OYO) Where: Austin

Course #17689 www.madammam.com

#### MADAM MAM'S THAI NOODLES & BARTON CREEK MALL

We will dine at Madam Mam's Thai Restaurant. The restaurant is an award winning restaurant where the food is excellent and the portions plentiful. After lunch we will go to Barton Creek Mall for shopping, walking or browsing so we can stay out of the heat.

www.bacacenter.com

### Trips, Trips, Trips

#### Tuesday, August 16

Depart: 9:00 am Return: 2:00 pm

Cost: \$10 (Bingo OYO) Where: Harker Heights

Course #17690

#### OASIS B-I-N-G-O

Join us for bingo in Harker Heights. Last summer this trip filled up and we brought back a WINNER!! We will play 2 games of bingo at 10:30 am & 12:30 pm. Cost is \$15/set for 17 games and they will have \$500 & \$700 jackpots. Come be a winner with the Baca

Center.

#### Wednesday, August 17

Meet: 11:00 am

Cost: Free (Meal OYO) Where: 113 W Main, RR

**Course #17396** 

#### CUISINE CRITICS GO TO THE PENALTY BOX

This restaurant used to be El Matador's but has now changed over to the Penalty Box. They offer fabulous burgers, salads, fried pickles and more. They even have video gaming for those of you that

like to gamble.

#### Friday, August 19

Depart: 6:00 pm Return: 11:00 pm Cost: \$6 (Meal OYO)

Where: Taylor Course #17177

#### PUB CLUB GOES TO TAYLOR SPJST HALL

We always have fun when we go to the SP Hall for some food, fun and dancing. They have great burgers (cash/check only), cheap beer prices and live music. We will take the big school bus if enough people register so there will be no lift available.

#### Tuesday, August 23

Depart: 4:30 pm Return: 7:30 pm Cost: \$6 (Meal OYO)

Where: Austin Course #17693

#### BENIHANA RESTAURANT

At the heart of the Benihana experience is the teppanyaki table, around which guests gather and enjoy a meal expertly prepared and cooked to perfection on a steel grill, right before their eyes — by a chef who is as much entertainer as culinary master.

www.benihana.com

#### Thursday, August 25

Depart: 10:00 am Return: 3:00 pm Cost: \$6 (Meal OYO) Where: Austin

Course #17694

#### ROMEO'S ITALIAN GRILL & BARTON SPRINGS POOL

The kids are back in school, the weather is HOT and we are going to eat lunch at Romeo's Italian Grill and then go to Barton Springs Pool for a dip in the natural springs. Please bring your suit, towel, sunscreen, water bottle and \$1 entry fee.

www.romeosrestaurants.com

www.ci.austin.tx.us/parks/bartonsprings.htm

#### Saturday, Sept. 24

Depart: 5:00 pm Return: 10:00 pm Cost: \$22 (Ticket Inc.) Where: Wimberley Course #17695

#### **EMILY ANN THEATER**

Join us for Shakespeare's Tempest under the stars of Wimberley. This is an outdoor theater with plenty of seating, concessions and lots of things to see such as a renaissance stage, extra large size chess board, music garden and a 200 year old tree.

www.emilyann.org

### **Extended Trips**

#### Sunday, October 9-Tuesday, October 11

Depart: 7:00 am Return: 5:00 pm

Cost: \$3 (Hotel/Meals

OYO)

Where: Durant, OK Course #17701

#### CHOCTAW CASINO

We have already planned our next trip to the casino for October 9-11. The hotel is very clean and the staff is very friendly. You can register for the casino beginning June 27. Cost will be \$3 to the Baca Center for members and \$69/person for double-occupancy to the hotel. Third person in the room pays an additional \$20. We will receive \$10/day for slot play. Once again, this is a great deal for such a beautiful hotel. There is an indoor/outdoor pool with beautiful grounds and a huge slide. They also have dancing waters by the buffalo and Indian dance exhibitions at Center Stage in the casino.

www.choctawcasinos.com

### BERTHA AND BETTY



Two 90-year-old women, Bertha and Betty, had been friends all of their lives.

When it was clear that Bertha was dying, Betty visited her every day.

One day Betty said, "Bertha, we both loved playing softball all our lives, and we played all through high school. Please do me one favor: when you get to heaven, somehow you must let me know if there's women's softball there."

Bertha looked up at Betty from her deathbed and said, "Betty, you've been my best friend for many years. If it's at all possible, I'll do this favor for you."

Shortly after that, Bertha died.

A few nights later, Betty was awakened from a sound sleep by a blinding flash of white light and a voice calling out to her, "Betty, Betty."

"Who is it," asked Betty, sitting up suddenly. "Who is it?"

"Betty -- it's me, Bertha."

"You're not Bertha. Bertha just died."

"I'm telling you, it's me, Bertha," insisted the voice.

"Bertha! Where are you?"

"In heaven," replied Bertha. "I have some really good news and a little bad news."

"Tell me the good news first," said Betty.

"The good news," Bertha said with joy and enthusiasm, "is that there's women's softball in heaven. Better yet, all of our old buddies who died before me are here, too. Even better than that, we're all young again. Better still, it's always Springtime and it never rains or snows. And best of all, we can play softball all we want, and we never get tired."

"That's fantastic," said Betty. "It's beyond my wildest dreams! So what's the bad news?"

"You're pitching Tuesday."

Unknown Source

### **Information**

## Thank you to Parkwood Meadows for donating our meal at the Luau on the Lake www.holidaytouch.com

#### Benefits of being a Baca Center Member:

The Baca Center can copy, fax and laminate for a minimal fee.

We also offer FREE notary services to our members.

Some programs are included with your membership, such as: cards, cardio combo, dominoes, various clubs/groups, computer help, workshops, billiards and more.

Some programs cost less with a membership such as: bingo, Bunco, line dancing, Zumba Gold, tap dancing, guitar, special events and much more.

#### Become a Baca Center Member Today

Residents age 50+ without the weight room—\$25, non-residents—\$30 Residents age 50+ with the weight room—\$50, non-residents—\$60

#### Writing Club to Publish Book

The Baca Center Writing Club is looking for inspiring writers that would like to have their poem, short story, satire, etc. published. Our goal is to publish a book by the end of the summer. Please contact Serena Guin if you are interested at 917-5427.

Recently the Writing Club started our meeting by trying our hand at writing a poem called a diamante. The first and last words have *opposite meanings* (or convey opposite ideas). When written, the *Diamante* takes the shape of a diamond. A diamante has seven lines that follow this sequence:

Line A: Topic A (must be a noun)

**Line B:** Two vivid adjectives that describe Topic A

**Line C:** Three interesting "-ing" action verbs that describe Topic A

**Line D:** Two concrete nouns about Topic A and two about Topic G

Line E: Three interesting "-ing" action verbs that describe Topic G

**Line F:** Two vivid adjectives that describe Topic G

**Line G:** Topic G (must be a noun)

Here are samples:

#### SPRING

Beautiful, green
Budding, flowering, sweet-smelling
Flowers, trees....leaves, sky
Hiking, biking, invigorating
Cool, lovely

**FALL** 

By Mary Knapp

#### **OVERCOAT**

Heavy, wool
Protecting, warming, shielding
Snow, blizzard...sun, heat
Sunning, tanning, revealing
Cool, skimpy

**BATHING SUIT** 

By Sheryl Davie

Now try writing one yourself. Submit it to <u>BacaWritingClub@gmail.com</u>. Your entry could be part of the publication due out later this summer.

Allen R Baca Center 301 W Bagdad, Bldg. 2 Round Rock, TX 78664 512-218-5499 512.218.3231 fax

**Hours of Operation** 

Monday-Thursday 8:00 am-6:30 pm (Weight Room ONLY until 7:15 pm) Friday 8:00 am-4:00 pm Saturdays & Sundays--CLOSED

Activities & weight room end 15 minutes before closing.

WBCO Lunch Reservation Phone: 512.255.4970

Carts - 512.478.7433

Baca Center will be

CLOSED on

July 4th—Independence Day

September 5—Labor Day

www.roundrocktexas.gov www.bacacenter.com